

Molecular Characterization and Antibiotic Resistance Pattern of Nosocomial Clinical Isolates in Southeast of Iran

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ABSTRACT

Background and objectives: Nosocomial infections caused by antibiotic resistant bacteria is a life threatening health challenge. This study aimed to determine the frequency of antibiotic resistance genes in clinical isolates from hospitals of Zahedan, southeast of Iran.

Methods: Overall, 818 isolates were collected from different hospital wards. The isolates were identified using conventional microbiological and biochemical tests. Antibiotic susceptibility pattern was assessed by agar disc diffusion method and determination of minimum inhibitory concentration of a number of antibiotics. Multiplex PCR was performed using specific primers for the detection of resistance genes.

Results: The most common species were *Staphylococcus aureus* (25%), *Klebsiella pneumoniae* (22%) and *Pseudomonas aeruginosa* (14%). The rate of methicillin resistance among *S. aureus*, *S. epidermidis* and *S. saprophyticus* was 60%, 43% and 24%, respectively. In addition, 28.5% of enterococci isolates were vancomycin resistant. Among gram-negative bacteria, 45% of *A. baumannii* and 24% of *P. aeruginosa* were identified as ESBL. A high level of resistance to ampicillin (96%), cefotaxime (89%), gentamicin (89%) and sulfamethoxazole-trimethoprim (60%) was observed in *K. pneumoniae*.

Conclusion: Our results highlight the urgent need for an eradication program and a surveillance plan for preventing increased emergence of antibiotic resistant bacteria in the study area.

Keywords: Bacterial Infections, Drug resistance, Zahedan.

INTRODUCTION

Nosocomial infection is an infection that is acquired in a hospital. Surgery, transplantation and hospitalization in the pediatric ward, intensive care unit (ICU) and cardiac care unit (CCU) are some of the risk factors for nosocomial infections (1, 2). A large number of both gram-positive and gram-negative bacteria including *Staphylococcus* spp., *Enterococcus* spp., *Pseudomonas aeruginosa*, *Acinetobacter baumannii* and *Enterobacteriaceae* can cause various hospital-acquired infections such as urinary tract infection, bacteremia, wound infection, gastrointestinal infection, etc. (3-6). Furthermore, the emergence of methicillin-resistant *S. aureus* (MRSA), vancomycin-resistant enterococci (VRE), extended-spectrum β -lactamase (ESBL) *Enterobacteriaceae* spp. and multi drug resistant (MDR) strains has become a major challenge to treatment of nosocomial infections (7-9). Hence, the World Health Organization (WHO) has released a global priority list of antibiotic-resistant bacteria to help prioritize research and development of new and effective antibiotic treatments (8, 9). The primary objective of this study is to evaluate the prevalence of nosocomial infections and determine involved bacteria and their antibiotic resistance genes in Zahedan, southeast of Iran.

MATERIAL AND METHODS

Bacterial isolates associated with nosocomial infections were collected from four hospitals in Zahedan (southeast of Iran) during 2014-2016. The samples were collected from different wards including ICU, CCU, pediatric ward, internal medicine ward and general surgery and transplantation ward. This study was conducted in accordance with the principles of the Declaration of Helsinki and was approved by the ethics committee of the Zahedan University of Medical Sciences. The bacterial isolates were identified by culture, gram staining, morphological assessment and biochemical tests such as catalase, oxidase, oxidation/fermentation, salt tolerance, coagulase reaction, hemolysis, esculin hydrolysis, growth on MacConkey agar, IMViC, decarboxylases, sugar fermentation, malonate, DNase, motility, indole production, hydrogen sulfide production and reaction in triple sugar iron

agar, etc. All isolates were then stored in Mueller Hinton broth with 30% glycerol at -70°C for analysis. All culture media and reagents were purchased from Merck Co., Germany.

Antibiotic susceptibility was assessed by the disk diffusion method. Minimum inhibitory concentration (MIC) of the following antibiotics was determined using E-test strips (Liofilchem, Italy) according to the Clinical and Laboratory Standards Institute (CLSI) recommendations: tetracycline, erythromycin, clindamycin, chloramphenicol, ampicillin, oxacillin, methicillin, piperacillin and piperacillin/tazobactam, azteronam, ceftriaxone, ceftazidime, cefepime, cefotaxime, cefexime, ciprofloxacin, gatifloxacin, norfloxacin, levofloxacin, ofloxacin, nalidixic acid, cotrimoxazole, imipenem, meropenem, gentamicin, amikacin, tobramycin, kanamycin, fosfomycin, vancomycin, linezolid, nitrofurantoin, quinupristin/dalfopristin and collistin. All antibiotic disks were purchased from Mast Co., UK.

The double disk synergy test was performed to evaluate ESBL production. In this test, augmentin (20 μg amoxicillin and 10 μg clavulanic acid) and third-generation cephalosporins (ceftazidime 30 μg , ceftriaxone 30 μg , cefotaxime 30 μg) disks are kept 30 mm apart, center to center, on inoculated Mueller-Hinton agar (MHA). A clear extension of the edge of the inhibition zone of cephalosporin towards augmentin disk is interpreted as positive for ESBL production. After incubation at $35\pm 2^{\circ}\text{C}$ for 18h, ESBL positivity was confirmed by observing increased inhibition zone around one of the four antibiotic disks toward amoxicillin-clavulanic acid. Susceptibility cut-offs were considered according to the CLSI. *Escherichia coli* ATCC 25922, *E. coli* ATCC 35218, *E. coli* ATCC25922, *P. aeruginosa* ATCC 27853, *Klebsiella pneumoniae* ATCC700603, *Enterococcus faecalis* ATCC29212, *S. aureus* ATCC33591 and *S. aureus* ATCC 25923 were used as control strains.

After 18h at $35\pm 2^{\circ}\text{C}$, chromosomal and plasmid DNA were extracted using a mericon DNA bacteria kit (Qiagene, Germany) according to the manufacturer's instructions. The quality and quantity of the extracted DNA were tested by gel electrophoresis and spectrophotometry, respectively. Genotypic identification of each clinical isolate was

carried out by PCR using specific primers (Table 1) and results were confirmed by biochemical tests. Then, multiplex PCR was used for detection of antibiotic resistance genes using specific primers (Table 2) for each species. Multiplex PCR was performed in a final volume of 25 μ L containing 1 μ L of each primer (0.3 mM), 12 μ L of PCR Master Mix (Fermentase, Denmark), 0.05 U/ μ L taq DNA polymerase, 0.4 mM dNTPs, 4 mM MgCl₂ and 1 μ L template DNA. The cycling conditions

for 10 minutes, 35 cycles of denaturation at 94 °C for 30-60 seconds, annealing at 56 °C for 35 seconds, extension at 72 °C for 30-60 seconds and final extension at 72 °C for 5-10 minutes.

DNA sequencing was performed by MacroGen Co., South Korea for appraising highest purity and accuracy of antibiotic resistance genes. The obtained sequences were aligned and compared to data available at GenBank (NCBI).

Figure 1 -Frequency of clinical isolates collected from hospitals of Zahedan, Iran. UC: urine culture; BC: blood culture; W: wound infection; Uca: urine catheters; Ett: endotracheal tube; csf: cerebrospinal fluid

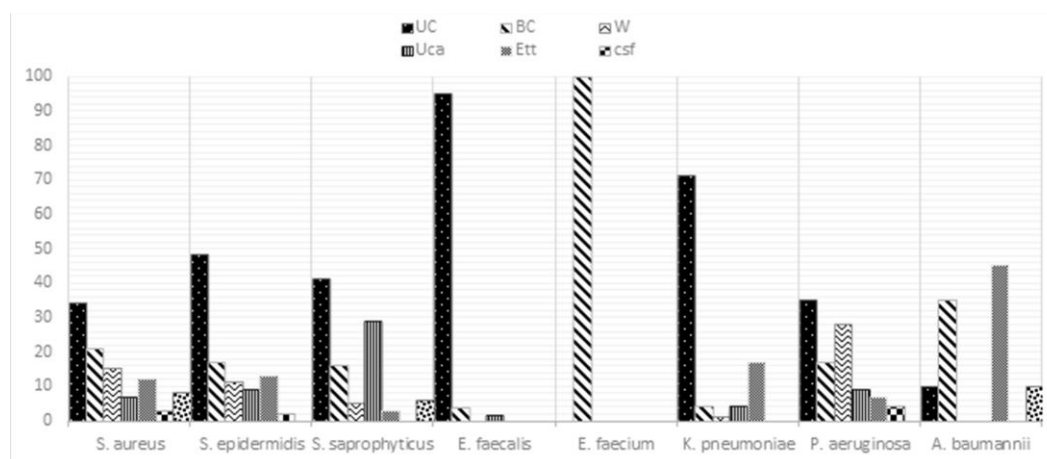


Figure 2 -Antimicrobial susceptibility patterns among gram-positive isolates. VAN: vancomycin; AMP: ampicillin; IMI: imipenem; SYN: quinupristin/dalfopristin (Synercid®); ERY: erythromycin; TET: tetracycline; CHL: chloramphenicol; FOS: fosfomycin

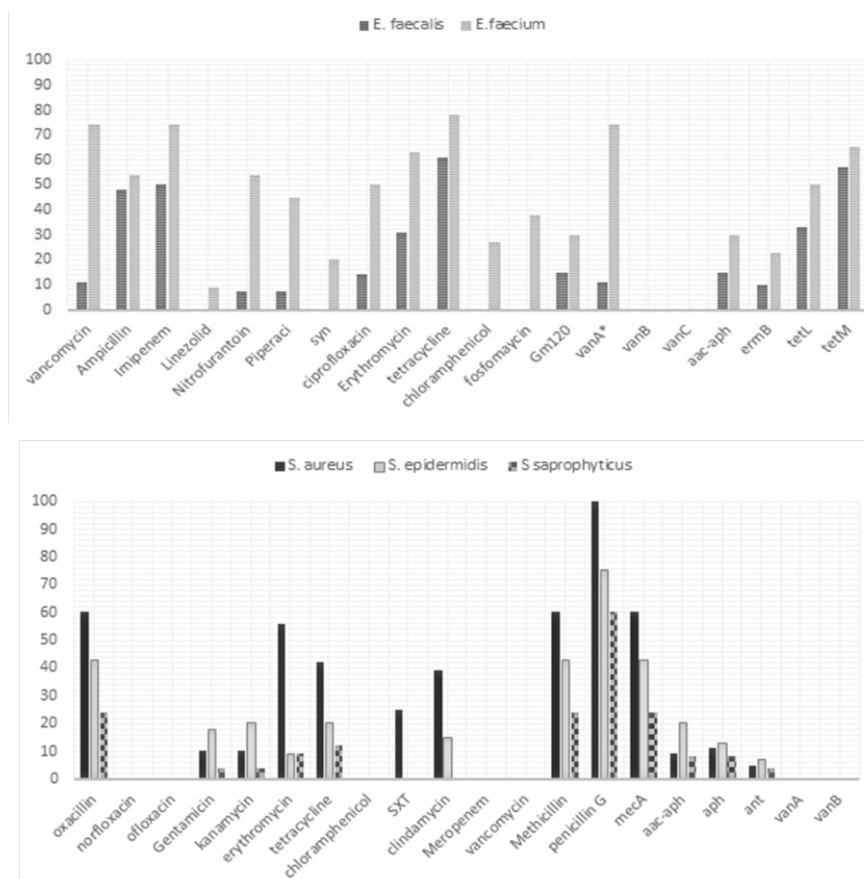


Figure 3-Antimicrobial susceptibility patterns among gram-negative isolates

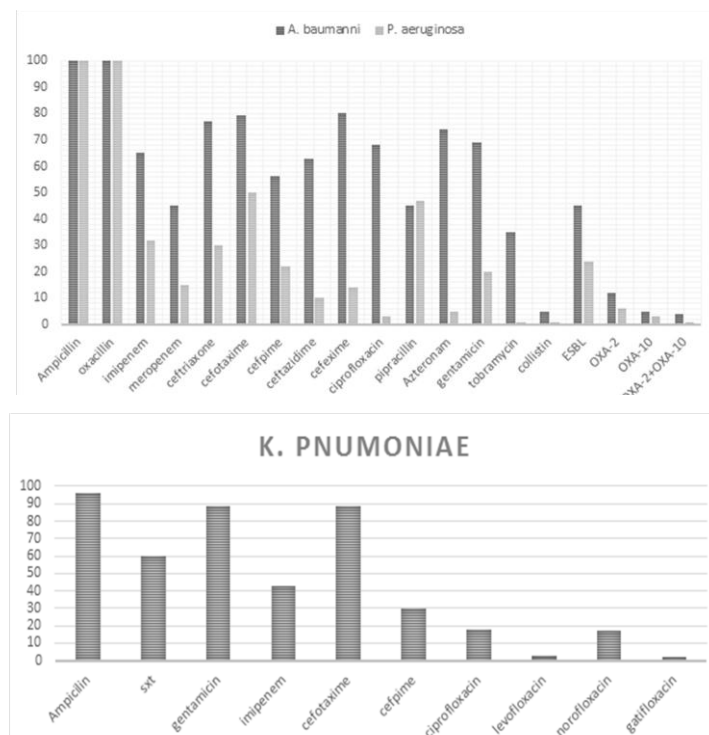


Table 1- Partial 16S rDNA sequences of the specific primers used in the study

Bacterium	Primer sequence (5-3)	Product size (bp)	Reference(s)
<i>Staphylococcus aureus</i>	AAT CTT TGT CGG TAC ACG ATA TTC TTC ACG CGT AAT GAG ATT TCA GTA GAT AAT ACA ACA	108 bp	1
<i>S. epidermidis</i>	ATC AAA AAG TTG GCG AAC CTT TTC A CAA AAG AGC GTG GAG AAA AGT ATC A	124bp	1
<i>S. saprophyticus</i>	AAC GGG CGT CTC GAT AGA AAA AAC GGG CGT CCA CAA AAT CA	380bp	1
<i>E. faecalis</i> <i>ddl</i>	5'-ATCAAGTACAGTTAGTCTTTATTAG-3' 5'-ACGATTCAAAGCTAACTGAATCAGT-3'	941bp	4
<i>E. faecium</i> <i>ddl</i>	5'-TTGAGGCAGACCAGATTGACG-3' 5'-TATGACAGCGACTCCGATTCC-3'	658bp	4
<i>Klebsiella pneumoniae</i>	GCAAGTCGAGCGGTAGCACAG CAGTGTGGCTGGTCATCCTCTC	260bp	17
<i>Acinetobacter baumannii</i>	AATTTACAGTGGCACATTAGGTCCC GCAGAGATACCAGCAGAGATACACG	722bp	29
<i>Pseudomonas aeruginosa</i>	ATGATCGTACAAATTGGTCGG GTCATGAAACCGCCAGTC	600bp	29

RESULTS

Of 818 nosocomial isolates collected from different wards, 335 (41%) were staphylococci species consisting of 203 (25%) *S. aureus*, 77 (9%) *S. epidermidis*, 53 (7%) *S. saprophyticus* and two other staphylococci species. Other isolates detected in clinical samples were *E. faecalis* (n=65, 8%), *E. faecium* (n=26, 3%), *K. pneumoniae* (n=179, 22%), *P. aeruginosa* (n=112, 14%) and *A. baumannii* (n=101, 12%).

According to the results of the antimicrobial susceptibility testing, the frequency of methicillin resistance (*mecA* gene) among *S. aureus*, *S. epidermidis* and *S. saprophyticus* isolates was 60%, 43% and 24%, respectively. Nevertheless, no isolate was resistance to vancomycin (*vanA* and *vanB*), meropenem, chloramphenicol, ofloxacin and norfloxacin (Table 3). Although frequency of *E. faecalis* isolates was more than that of *E. faecium*,

higher rate of antibiotic resistance was observed against the *E. faecium* isolates. All vancomycin-resistant strains carried *vanA* gene, while *vanB* and *vanC* genes were not detected (Table 3). The highest and lowest resistance rates in both species were recorded against tetracycline and linezolid, respectively. We isolated 112 *P. aeruginosa* strains from samples collected from nosocomial infections. The highest and lowest resistance rates in these isolates were recorded against cefotaxime (50%) and collistin (1%), respectively. In addition, resistance rate against ceftriaxone, ceftazidime, cefepime, cefexime, ciprofloxacin, imipenem, meropenem, aztreonam, and gentamicin was 30%, 22%, 10%, 14%, 3%, 32%, 15%, 5% and 20%, respectively. According to results of the DDST, 24% of all *P. aeruginosa* isolates were ESBL strains.

Table 2- Sequences of the primers used for detection of target genes in PCR assay

Target	Primer sequence (5' _3')	Product size (bp)	Reference(s)
<i>mecA</i>	ACTGCTATCCACCCTCAAAC CTGGTGAAGTTGTAATCTGG	163bp	2
<i>aac(6')/aph</i>	GAAGTACGCAGAAGAGA ACATGGCAAGCTCTAGGA	491bp	2
<i>aph(3)-III a</i>	AAATACCGCTGCGTA CATACTCTTCCGAGCAA	242bp	2
<i>ant (4')-1a</i>	AATCGGTAGAAGCCCAA GCACCTGCCATTGCTA	135bp	2
<i>vanA</i>	5'-GGGAAAACGACAATTGC-3' 5'-GTACAATGCGGCCGTTA-3'	732bp	3
<i>vanB</i>	5'-ATGGGAAGCCGATAGTC-3' 5'-GATTTCGTTCTTCGACC-3'	635bp	3
<i>vanC</i>	GGTATCAAGGAAACCTC CTTCCGCCATCATAGCT	822 bp	3
<i>ermB</i>	5 - CGACGAACTGGCTAAAATAAGTAAAC - GAGGTATGGCGGGTAAGTTTTATTAAG	408bp	31
<i>tetM</i>	5 - GGACAAAGGTACAACGAGGAC - 3 5 - GGTTCATCGTTCCCTCTATTACC -3	445bp	31
<i>tet(L)</i>	CCTGCGAGTACAACTGG TCAAGGTAACCAGCCAAAC	1209bp	31
<i>OXA-2</i>	AAGAAACGCTACTCGCCTGC CCACTCAACCCATCCTACCC	478bp	29
<i>OXA-10</i>	GTCTTTCGAGTACGGCATT ATTTTCTTAGCGGCAACTTAC	720bp	18
<i>qnrA</i>	5'-TCAGCAAGAGGATTCTCA-3 5'-GGCAGCACTATTA CTCCCA-3	516 bp	30
<i>qnrB</i>	5'-ATG ACG CCA TTA CTG TAT AA-3' 5'-GAT CGC AAT GTG TGA AGT TT -3'	562 bp	30
<i>qnrC</i>	ATTACGGGTTGTAATTTGTCTTATG ATCAGAAAATGATCCCCTACT	144 bp	30
<i>qnrS</i>	CAATCATACATATCGGCACC TCAGGATAAACAACATACCC	642 bp	30

Table 3- The frequency of multidrug resistance among clinical isolates from hospitals of Zahedan, Iran

Species	Number of isolates	Multi drug resistance pattern
<i>S. aureus</i>	11	OXA-ERY-TET
	4	OXA-GM-KAN-ERY
	3	OXA-GM-KAN-TET
	3	OXA-ERY-TET-CLI
	1	OXA-GM-ERY-TET-SXT
	1	OXA-GM-KAN-ERY-TET
<i>E. faecalis</i>	6	VAN-ERY-TET-GM-AMP-IMI
	2	VAN-ERY-TET-GM-AMP-IMI-CIP
	1	VAN-ERY-TET-GM-AMP-IMI-PIP
	1	VAN-ERY-TET-GM-AMP-IMI-CIP-NIT
	1	VAN-ERY-TET-GM-AMP-IMI-NIT
<i>E. faecium</i>	2	VAN-ERY-TET-GM-IMI-AMP-LIN-NIT-PIP-SYN-CIP-CHL
	2	VAN-ERY-TET-GM-IMI-AMP-NIT-PIP-CIP
	1	VAN-ERY-TET-GM-IMI-AMP-LIN-PIP-SYN-CIP-CHL
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-PIP-SYN-CIP-CHL
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-PIP-CIP-CHL
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-PIP-CIP-FOS
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-CIP-FOS
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-CIP
	1	VAN-ERY-TET-GM-IMI-AMP-PIP-CIP
	1	VAN-ERY-TET-GM-IMI-AMP-NIT-PIP
	1	VAN-ERY-TET-GM-IMI-NIT-CIP
	1	VAN-ERY-TET-GM-IMI-NIT-CIP-FOS
	1	VAN-ERY-TET-GM-IMI-AMP
	1	VAN-ERY-TET-GM-IMI-AMP-CIP
	1	VAN-ERY-TET-GM-IMI-NIT
	1	VAN-ERY-TET-GM-IMI-PIP
	1	VAN-ERY-TET-GM-IMI-AMP-FOS
Species	Number of isolates	MDR pattern
<i>K. pneumoniae</i>	39	AMP-GM-CEFO-SXT
	17	AMP-GM-CEFO
	6	AMP-GM-CEFO-SXT-IMI-CEFP-CIP-NOR
	5	AMP-GM-CEFO-SXT-CIP-NOR
	5	AMP-GM-CEFO-SXT-IMI
	4	AMP-GM-CEFO-CEFP-IMI
	4	AMP-GM-CEFO-CEFP
	4	AMP-GM-CEFO-CIP-NOR
	3	AMP-GM-CEFO-SXT-IMI-CEFP
	2	AMP-GM-CEFO-IMI
	1	AMP-GM-CEFO-CEFP-NOR
	1	AMP-GM-CEFO-CEFP-CIP
<i>P. aeruginosa</i>	7	AMP-OXA-PIP-CEFO-CEFP-CTX-CEFE-IMI-GM
	6	AMP-OXA-PIP-CEFO-CEFP-CTX-IMI-GM
	5	AMP-OXA-PIP-CEFO-CEFP-CTX-IMI
	5	AMP-OXA-PIP-IMI
	4	AMP-OXA-CEFO-CEFP-CTX-CEFE
	3	AMP-OXA-PIP-CEFO-CTX-CAZ
	2	AMP-OXA-PIP-CEFO-CTX-IMI
	1	AMP-OXA-PIP-CEFO-CEFP-IMI-CIP
	1	AMP-OXA-PIP-CTX-CEFE-IMI-MER
	1	AMP-OXA-PIP-CEFO-CTX-COL
	1	AMP-OXA-PIP-CEFO-CEFP-CTX-IMI-AZT
	1	AMP-OXA-CEFP-CTX-CEFE
	1	AMP-OXA-CEFO-CAZ-CEFE
	1	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI-MER-TOB
<i>A. baumannii</i>	8	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI-MER-PIP
	7	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI-PIP
	7	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI-CEFP
	6	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-IMI-MER-TOB
	5	AMP-OXA-CEFE-CEFO-CTX-AZT-CIP-CAZ-IMI-MER-PIP
	5	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-CEFP
	1	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI
	1	AMP-OXA-CEFE-CEFO-CTX-AZT-CIP-CAZ-PIP-CEFP
	1	AMP-OXA-CEFE-CEFO-CTX-GM-CAZ-CEFP
	1	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-PIP
	1	AMP-OXA-CEFE-CTX-AZT-CEFP
	1	AMP-OXA-CEFE-CEFO-CTX-IMI-MER-PIP-TOB
	1	AMP-OXA-CEFE-CEFO-CTX-AZT-GM-CIP-CAZ-IMI-MER-TOB
	1	AMP-OXA-CEFE-CEFO-CTX-IMI
	1	AMP-OXA-CEFE-CEFO-CTX-GM-CIP-CEFP

VAN: vancomycin; AMP: ampicillin; IMI: imipenem; ERY: erythromycin; TET: tetracycline; CHL: chloramphenicol; FOS: fosfomycin, LIN: linezolid; NIT: nitrofurantoin; PIP: piperacillin; AZT: azteronam; CTX: ceftriaxone; CAZ: ceftazidime; CEFP: cefepime; CEFO: cefotaxime; CEFE: cefexime; CIP: ciprofloxacin, gatifloxacin, norfloxacin, levofloxacin, ofloxacin, nalidixic acid; SXT: cotrimoxazole; MER: meropenem; GM: gentamicin; AN: amikacin; TOB: tobramycin; KAN: kanamycin

DISCUSSION

Nosocomial infections are associated with significant risk of mortality and increased treatment cost (10). Microorganisms that are able to survive in the hospital environment can enter the body through wounds, catheters and ventilators. Gram-negative bacilli are important pathogens that are becoming increasingly resistant to most available antibiotics (10, 11).

In this study, 392 gram-negative and 424 gram-positive bacteria were isolated from samples collected from different parts of four hospitals in Zahedan, Iran. The most prevalent gram-negative and gram-positive bacteria were *K. pneumoniae* and *S. aureus*, respectively. One of the main causes of nosocomial infections is *A. baumannii*, which has recently become resistant to majority of β -lactam antibiotics (12, 13). The results of the present study showed that 24% of *Acinetobacter* strains isolated from outpatients in Zahedan produced ESBL. As seen in figure 3, all *Acinetobacter* isolates were resistant to ampicillin and oxacillin, while the rate of ciprofloxacin, imipenem, aztreonam and gentamicin resistance was 68%, 65%, 74% and 69%, respectively. The lowest antibiotic resistance rate was associated with colistin (5%), indicating the high value of this antibiotic for the treatment of infections caused by *Acinetobacter*.

In a study by Dashm et al. in India, of 137 *A. baumannii* isolates, 74% were MDR and all isolates were susceptible to colistin (14). In the present study, 56% of isolates were MDR and 95% of isolates were sensitive to colistin. In another study in India, 87% of *A. baumannii* isolates from ICU patients were MDR (15). In a study by Gulbadakh et al. on 75 *A. baumannii* strains in Turkey, the rate of resistance to ceftazidime, ampicillin, gentamicin and ciprofloxacin was 89%, 97%, 66% and 97.3%, respectively (16).

In our study, of 45 ESBL-positive isolates, the *OXA-2* gene was present in 12 cases, the *OXA-10* gene was found in five cases and four case contained both genes. In a study by Rahimzadeh et al. in Iran on 60 ESBL-positive isolates, the *OXA-2* and *OXA-10* genes were present in seven and five isolates, respectively. *P. aeruginosa* is also among the main causes of hospital-acquired infections. Our results showed that *P. aeruginosa* is mostly resistant to cefotaxime and highly susceptible to colistin

and tobramycin. In the present study, 24% of the strains were ESBL. According to previous studies, frequency of ESBL genes in *P. aeruginosa* was highest in China (17) and Iran (18). Of 24 ESBL-positive isolates, six isolates contained the *OXA-2* gene, three had the *OXA-10* gene and one isolate was positive for both genes. In a study in Iran, 68.7% of ESBL-positive isolates were positive for the *OXA-10* gene (18). In a study by Frédéric Bert et al., 26.3% and 4.6% of isolates contained the *OXA-10* and *OXA-1*, respectively (19).

Fluoroquinolones are a group of synthetic antibacterial that are widely used to treat bacterial infections. In the present study, the rate of nalidixic acid and ciprofloxacin resistance in *K. pneumoniae* isolates was 31.5% and 18.4%, respectively. The high rate of nalidixic acid resistance may be because the production of this antibiotic dates back to 1962 (20). In addition, the rate of resistance to second generation fluoroquinolones norfloxacin and ofloxacin was 17.3% and 4.3%, respectively. In line with these results, Madani et al. in Kermanshah (west of Iran) (20), Molaabaszadeh in Tabriz (Northeast) (21) and Kehrenberg in Spain (22) reported the rate of resistance to norfloxacin as 31.3%, 29% and 33%, respectively. In our study, the lowest rate of resistance was related to gatifloxacin, which is a new generation (fourth generation) fluoroquinolone with more potent antibacterial effects than the old fluoroquinolone.

There are three types of plasmid-dependent quinolone resistance genes (23). In the present study, we investigated *qnr* genes types A, B, C and S and found *qnrA*, *qnrB* and *qnrS* in 17.7%, 48.8% and 8.88% of isolates, respectively. Moreover, we detected simultaneous presence of *qnrA* and B and *qnrB* and S in 13% and 11% of the isolates, respectively. However, *qnrC* was not found in any of the quinolone generators.

In a study by Pakzad et al. (2011), 20.8% of *E. coli* isolates from the Milad Hospital in Tehran were *qnrB* positive (24). In a study in Khorramabad (west of Iran), *qnrA* was detected in 14.3% of *E. coli* isolates (24). Given the increasing prevalence of these genes in *E. coli* strains in different regions of Iran and the possibility of horizontal gene transfer, accurate monitoring of fluoroquinolones administration seems essential. In a similar

study in Jamaica, of 20 *K. pneumonia* isolates, four strains contained *qnrA*, six strains carried both *qnrA* and *qnrS*, and none contained *qnrB* or *qnrS* (25). In another study, of 37 *K. pneumoniae* isolates, seven (18.92%) isolates contained *qnrS*, while *qnrB* was absent (23). The nosocomial infections caused by MRSA and VRE strains are challenging because they are associated with treatment failure and mortality (26, 27). In the present study, the frequency of MRSS and MRSE strains was 24% and 43%, respectively, which are similar to other studies (28). Vancomycin has been commonly used as the antibiotic of choice for the treatment of MRSA infections. Although a high rate of vancomycin resistance has been reported in some studies (27, 29), we observed no such phenomenon in our study. Multiple reports have shown that there is a high prevalence of MDR gram-positive bacteria in the hospital setting (29, 30). Similar to recent reports (3), we detected MDR enterococci isolates from clinical specimens. The most

common UTI-related *Enterococcus* species was *E. faecium*.

CONCLUSION

Our findings indicate the relatively high frequency of ESBLs, MRSA and VRE strains in clinical isolates from hospitals of Zahedan, southeast of Iran. Horizontal gene transfer and mobile genetic elements can contribute to spread of antibiotic resistance genes in the community and hospitals. In this regard, a global surveillance plan should be coordinated for prevention of this overwhelming increase in emergence of antibiotic resistant bacteria.

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CONFLICT OF INTEREST

The authors declare that there is no conflict of interest.

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